SYMPHONY OF LOVE

AN INSPIRING, LOVING AND JOYFUL HOLIDAY SEASON



Specially prepared for You and Yours this Holiday Season 2013 by

Symphony of Love

fot. Agata Walozah

AN INSPIRING, LOVING AND JOYFUL HOLIDAY SEASON

SYMPHONY OF LOVE

(Inspiring Love, Peace and Happiness)

An Inspiring, Loving and Joyful Holiday Season

This Edition 2013

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Cover picture credit: Agata

It has been an exciting and eventful 2013! I hope that all has gone well for you. As we approach 2014, I would like to express my gratitude and thanks to you through this compilation of 100 inspiring quotes with images from Symphony of Love's <u>Facebook page</u>, posted in the year 2013. 'An Inspiring, Loving and Joyful Holiday Season' is free. You can pass this along to your family and friends to share the joy of the holiday season. Thank you for being part of my journey in 2013 and I hope to continue the journey with you in 2014!

Wishing You and Yours a Happy Holiday Season and Happy 2014!

It Starts with a Dream

Add faith,
and it becomes a belief.
Add action,
and it becomes a part of life.
Add perseverance,
and it becomes a goal in sight.
Add patience and time,
and it ends with a dream come true.

- <u>Doe Zantamata</u>

"Don't dwell on those who let you down. Cherish those who hold you up."

Mark Pothier

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<u>Aftab Uzzaman</u>

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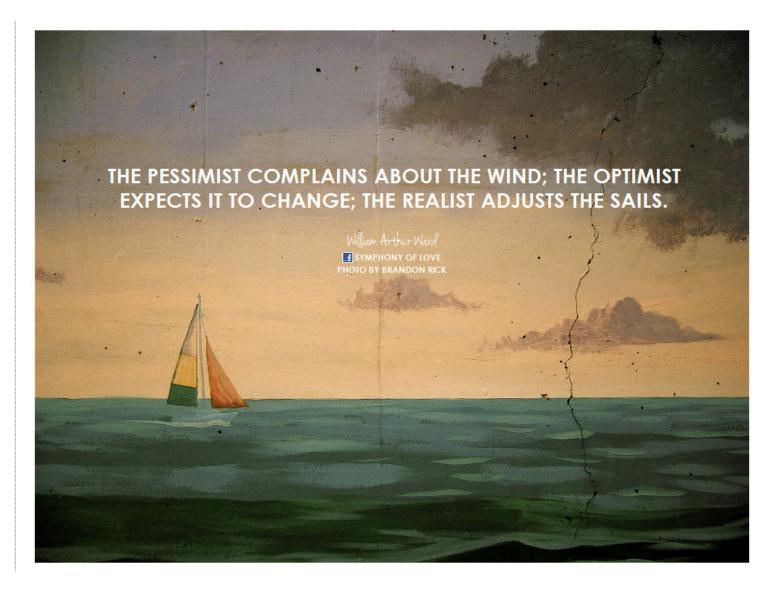
"The pessimist complains about the wind; the optimist expects it to change; the realist adjusts the sails."

William Arthur Ward

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<u>Brandon Fick</u>

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"You can't stop the storm ... so stop trying. What you can do is calm yourself. The storm will pass!"

Timber Hawkeye

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"Switch your focus to the things you love, the things that excite you, and then you'll be on track to a really good life."

Rhonda Byrne

Original photo credit: Kelvin_luffs

The Secret



"When I give, I give myself."

Walt Whitman

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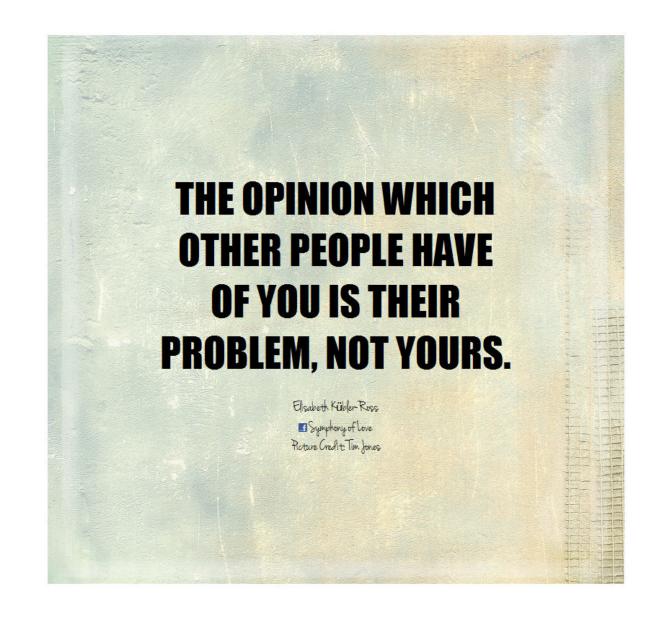


"The opinion which other people have of you is their problem, not yours."

Elisabeth Kübler-Ross

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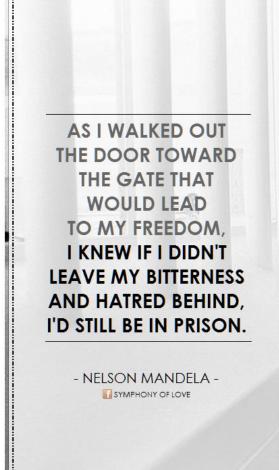
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"As I walked out the door toward the gate that would lead to my freedom, I knew if I didn't leave my bitterness and hatred behind, I'd still be in prison."

Nelson Mandela

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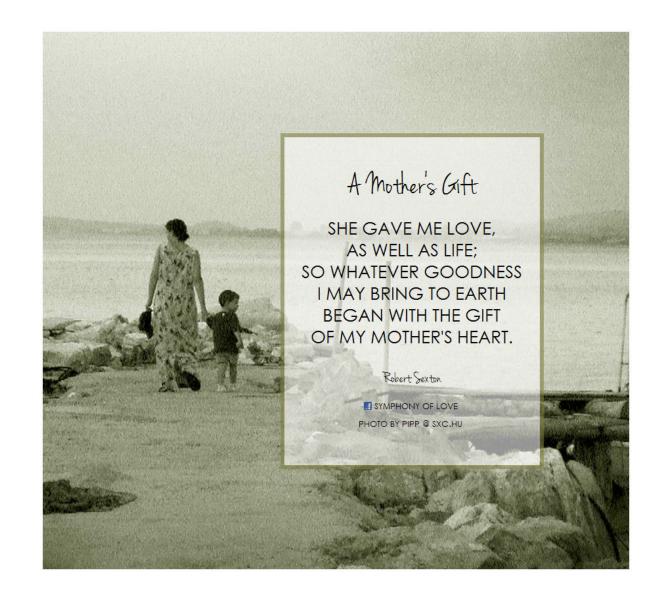


"She gave me love, as well as life; so whatever goodness I may bring to Earth began with the gift of my mother's heart."

Robert Sexton

Original photo credit: pipp

Anniversary Flowers

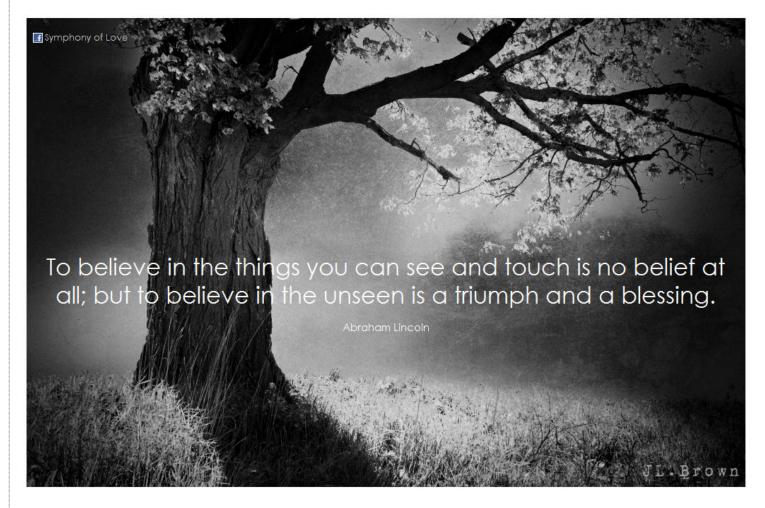


"To believe in the things you can see and touch is no belief at all; but to believe in the unseen is a triumph and a blessing."

Abraham Lincoln

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"Optimism is a happiness magnet. If you stay positive, good things and good people will be drawn to you."

Mary Lou Retton

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"Just because yesterday was hard doesn't mean you don't have the power to make today awesome."

Robin Sharma

Original photo credit: Sean McGrath

The Leader Who Had No Title: A Modern Fable on Real Success in Business and in Life



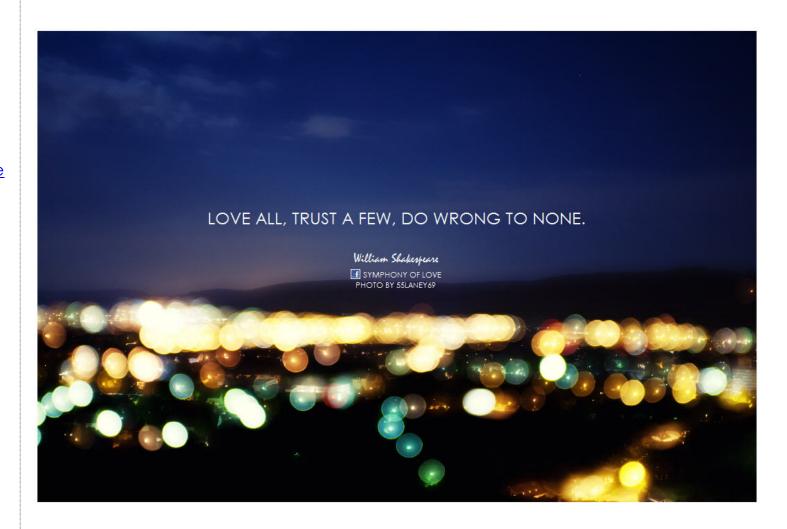
"Love all, trust a few, do wrong to none."

William Shakespeare

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"Life is too deep for words, so don't try to describe it, just live it."

C.S. Lewis

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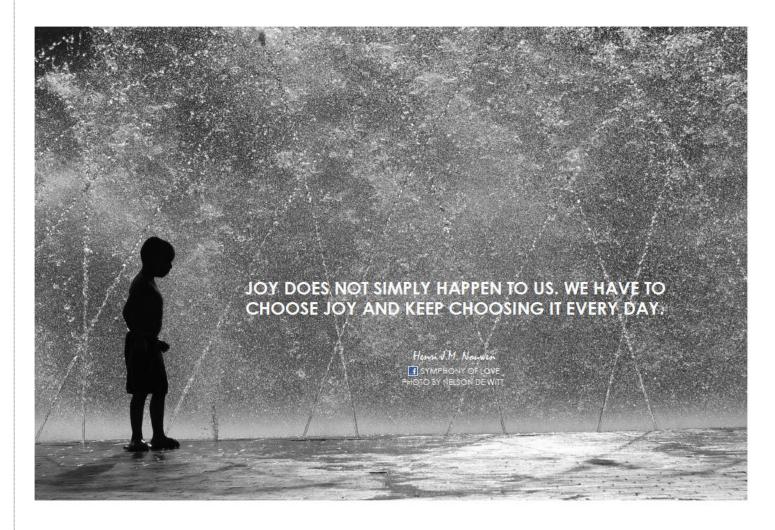
"Joy does not simply happen to us. We have to choose joy and keep choosing it every day."

Henri J.M. Nouwen

Original photo credit:

Nelson de Witt

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"Let your light shine. Shine within you so that it can shine on someone else. Let your light shine."

Oprah Winfrey

Original photo credit: Steve Wall

Stop Snoring Today!



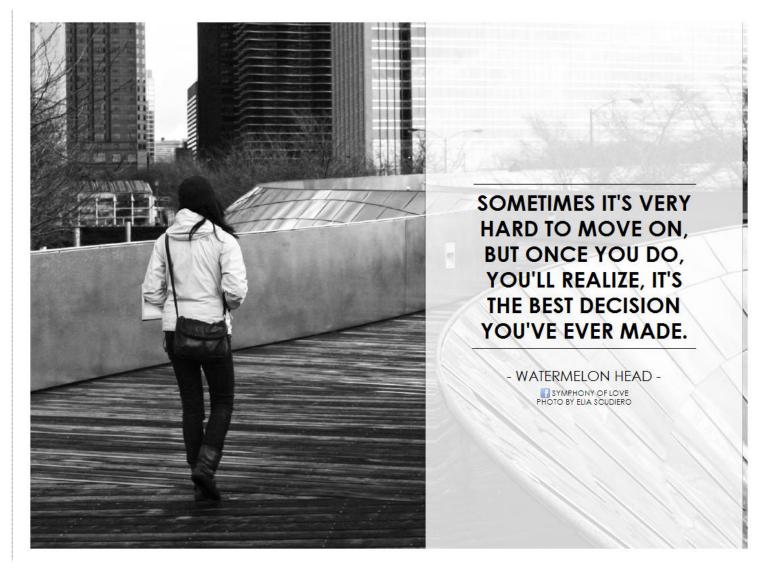
"Sometimes it's very hard to move on, but once you do, you'll realize, it's the best decision you've ever made."

Watermelon Head

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"Being happy doesn't mean everything is perfect ... it just means you've decided to see beyond imperfections."

Author Unknown

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Robb North

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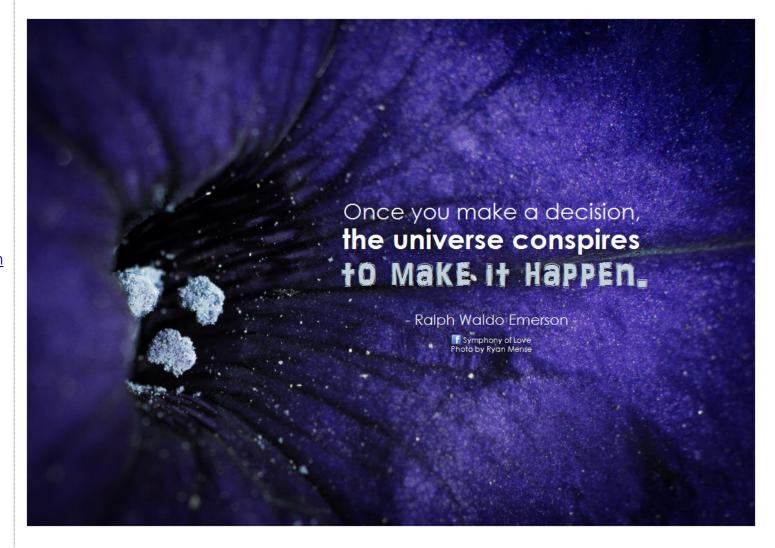
"Once you make a decision, the universe conspires to make it happen."

Ralph Waldo Emerson

Original photo credit:

<u>Ryan Mense</u>

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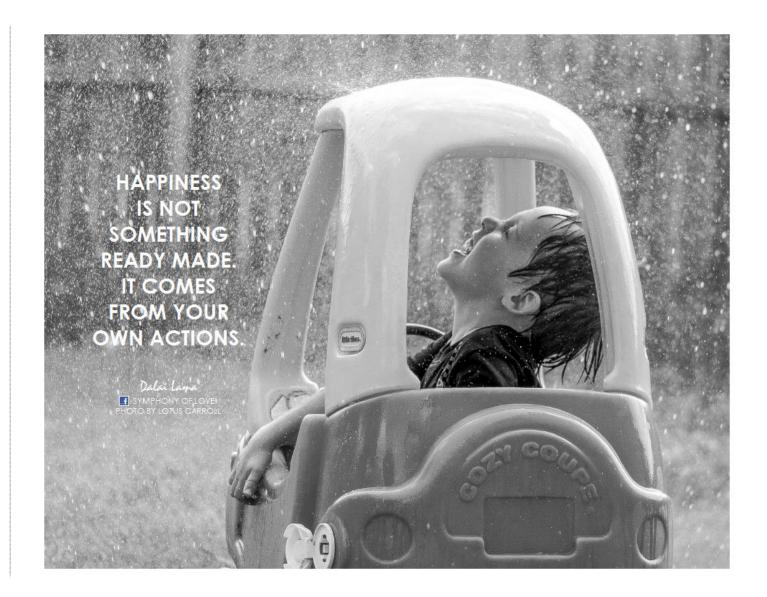
"Happiness is not something ready made. It comes from your own actions."

Dalai Lama

Original photo credit:

<u>Lotus Carroll</u>

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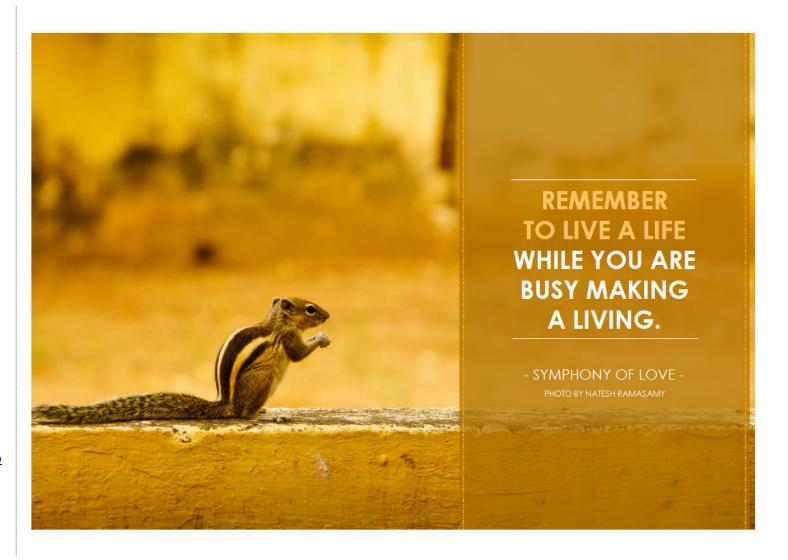


"Remember to live a life while you are busy making a living."

Symphony of Love

Original photo credit: Natesh Ramasamy

The Knot Wedding Shop

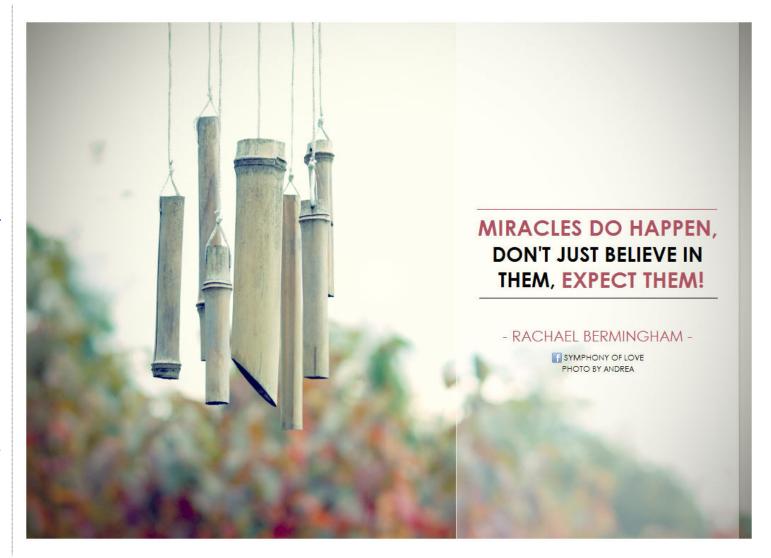


"Miracles do happen, don't just believe in them, expect them!"

Rachael Bermingham

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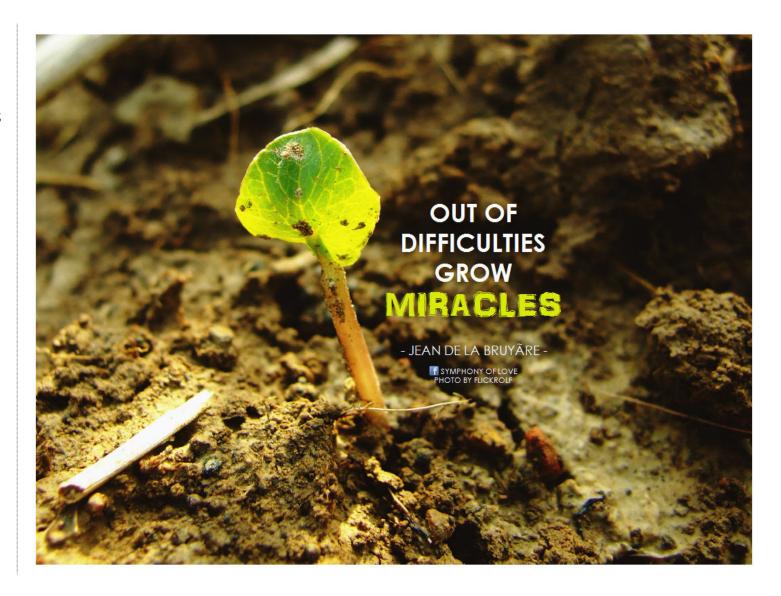


"Out of difficulties grow miracle."

Jean de La BruyÃre

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"Be nicer than necessary to everyone you meet. Everyone is fighting some kind of battle."

Socrates

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"The primary
cause of
unhappiness
is never the
situation but your
thoughts about it."

Eckhart Tolle

Original photo credit:

<u>Davgoss</u>

<u>Eckhart Tolle's Findhorn</u> <u>Retreat</u>: Stillness Amidst the World [With 2 DVD]



"There are two days in the year that you cannot do anything: YESTERDAY and TOMORROW: Only TODAY you can Be Happy, Smile, Dream, Love, Feel, and Be Thankful."

Pablo

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Ms. Phoenix

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"Be grateful always for everything and everyone at every moment."

Master Cheng Yen

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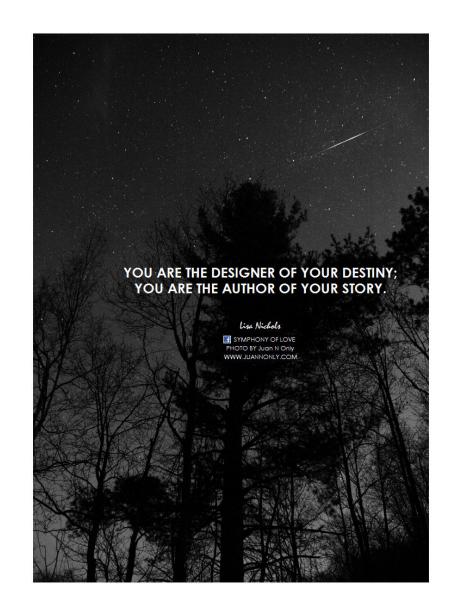
"You are the designer of your destiny; you are the author of your story."

Lisa Nichols

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<u>Juan N Only</u>

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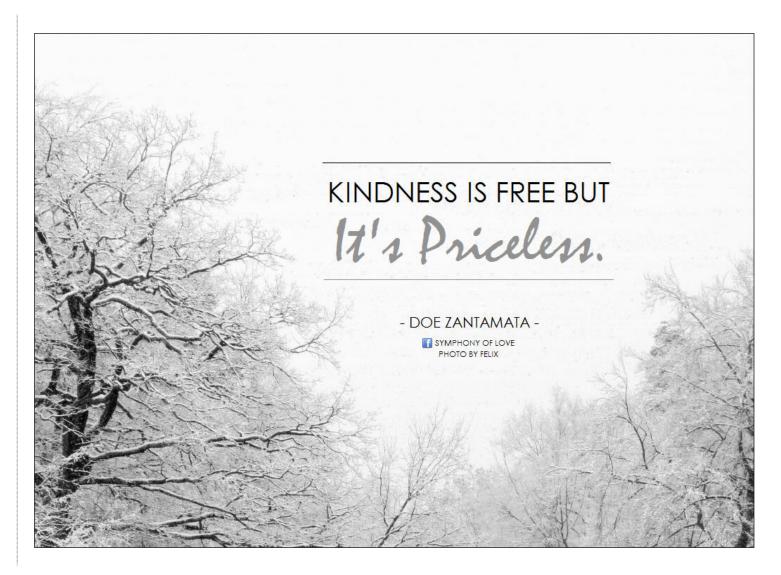


"At the right time, a kind word from a stranger, or encouragement from a friend, can make all the difference in the world. Kindness is free, but it's priceless."

Doe Zantamata

Original photo credit: Felix

<u>Hotels.com</u>



"If you obey all of the rules, you miss all of the fun."

Katharine Hepburn

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"Patience is not about how long you can wait, but how well you behave while you're waiting."

<u>Timber Hawkeye</u>

Original photo credit:
Alistair Nicol

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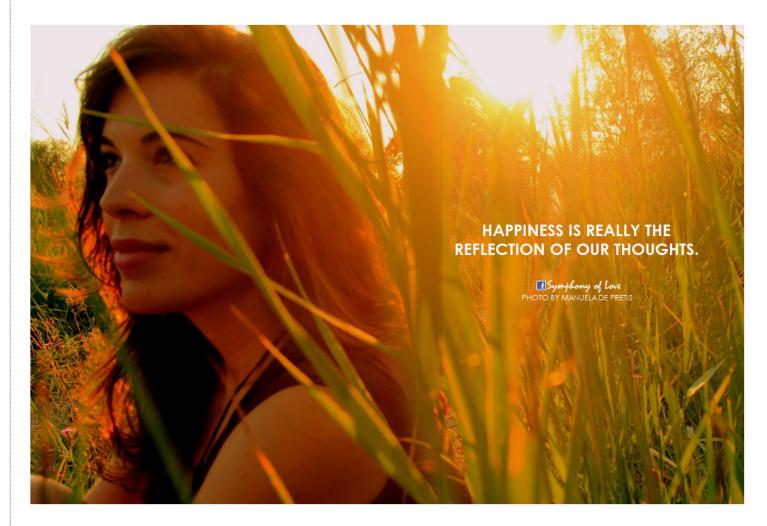
"Happiness is really the reflection of our thoughts."

Symphony of Love

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<u>Manuela de Pretis</u>

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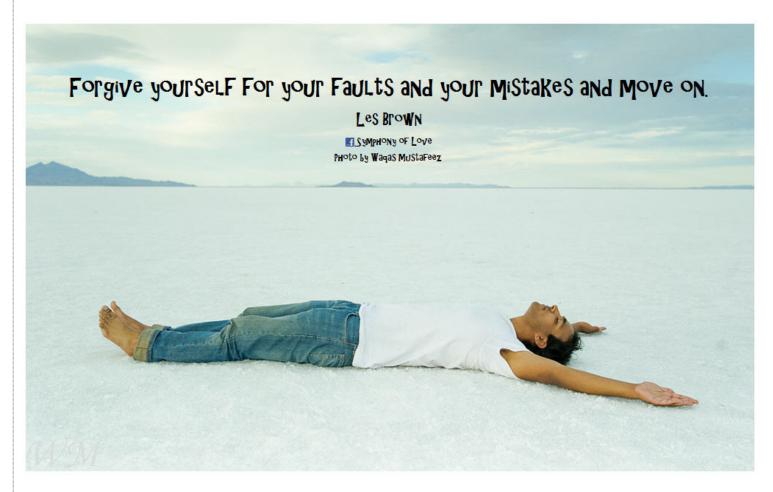


"Forgive yourself for your faults and your mistakes and move on."

Les Brown

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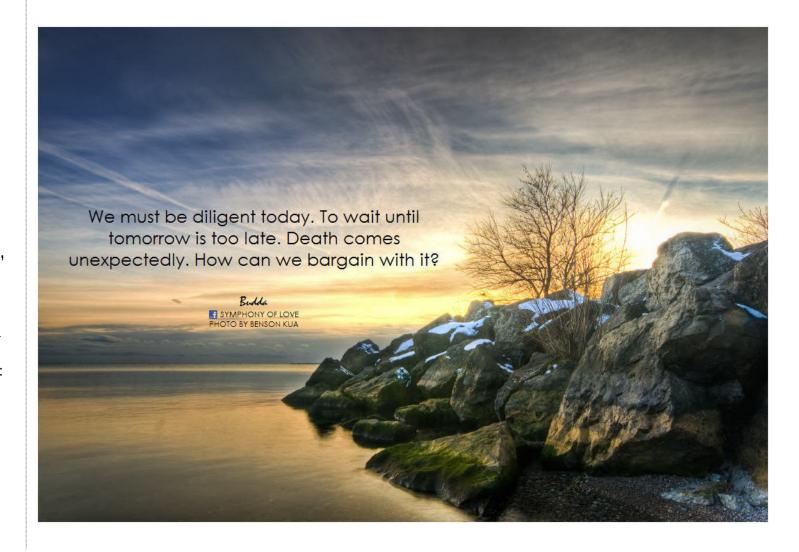
"We must be diligent today.
To wait until tomorrow is too late.
Death comes unexpectedly.
How can we bargain with it?"

<u>Buddha</u>

Original photo credit:

<u>Benson Kua</u>

Stop Snoring Today!



"You may think there is a lot wrong with you, but there is also a lot right with you."

Joel Osteen

Original photo credit: Studio.es

Every Day a Friday: How to Be Happier 7 Days a Week

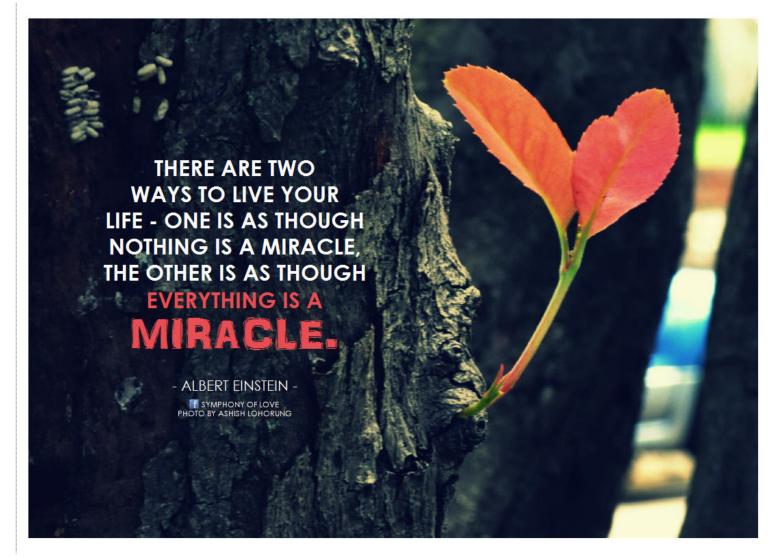


"There are two ways to live your life – one is as though nothing is a miracle, the other is as though everything is a miracle."

Albert Einstein

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Ashish Lohorung

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"Judge nothing, you will be happy. Forgive everything, you will be happier. Love everything, you will be happiest."

Sri Chinmoy

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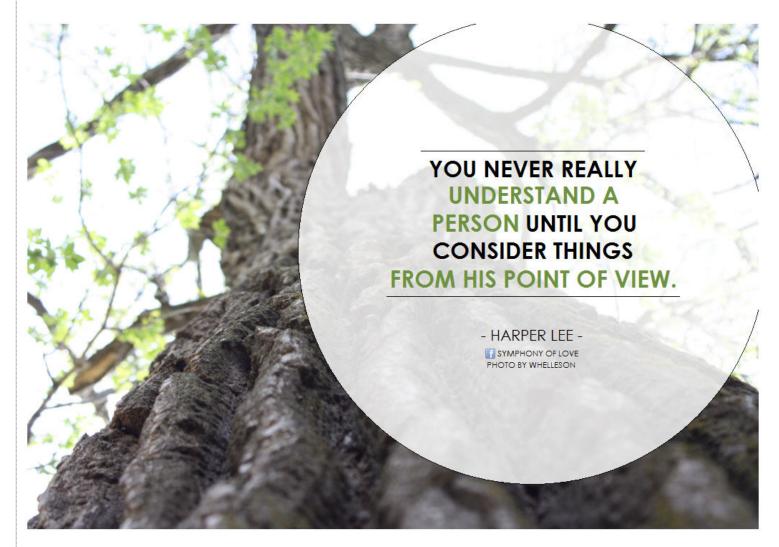


"You never really understand a person until you consider things from his point of view ... until you climb into his skin and walk around in it."

Harper Lee

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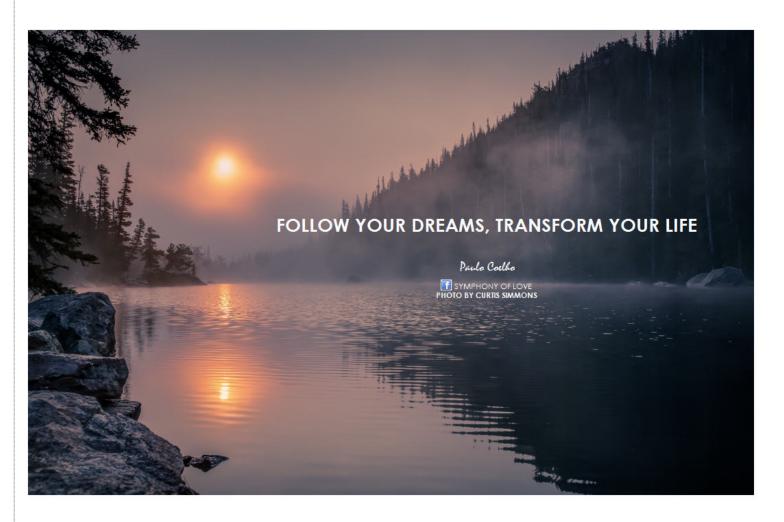


"Follow your dreams, transform your life."

Paulo Coelho

Original photo credit: <u>Curtis Simmons</u>

The Alchemist - 10th
Anniversary Edition



"When it is dark enough, you can see the stars."

Ralph Waldo Emerson

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<u>Jason Jenkins</u>

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"Forgive and give as if it were your last opportunity. Love like there's no tomorrow, and if tomorrow comes, love again."

Max Lucado

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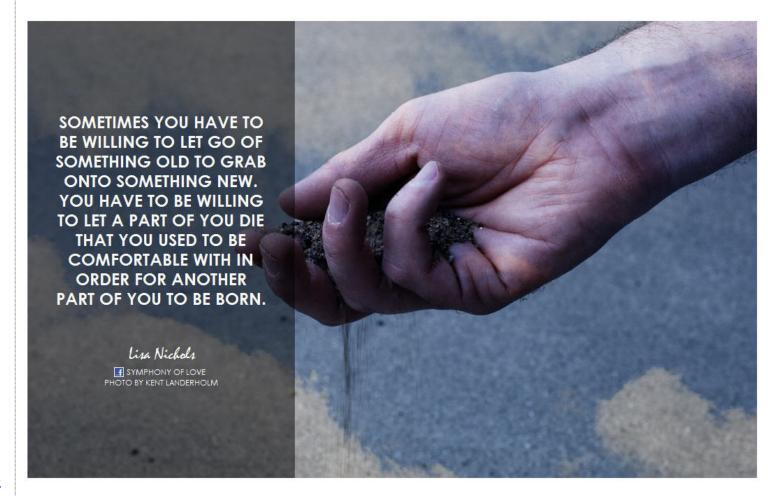


"Sometimes you have to be willing to let go of something old to grab onto something new. You have to be willing to let a part of you die that you used to be comfortable with in order for another part of you to be born."

Lisa Nichols

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The Knot Wedding Shop

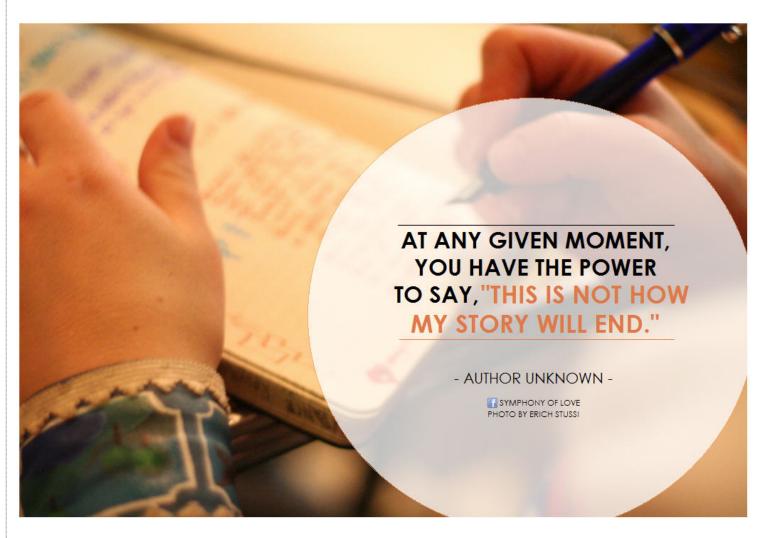


"At any given moment, you have the power to say, "'This is not how my story will end.'"

Author Unknown

Original photo credit: Erich Stüssi

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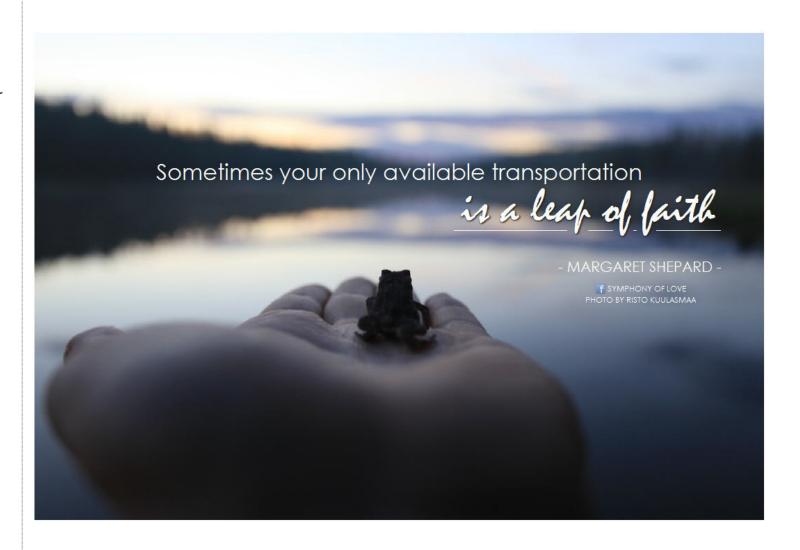


"Sometimes your only available transportation is a leap of faith."

Margaret Shepard

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"Pain is temporary.
It will subside.
If I quit, however,
it will last forever."

Eric Thomas

Hotel Chocolat

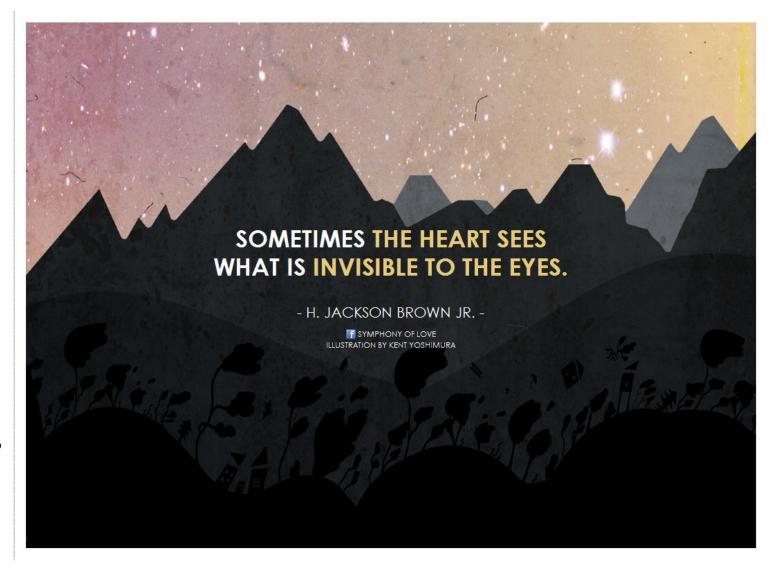


"Sometimes the heart sees what is invisible to the eyes."

H. Jackson Brown Jr.

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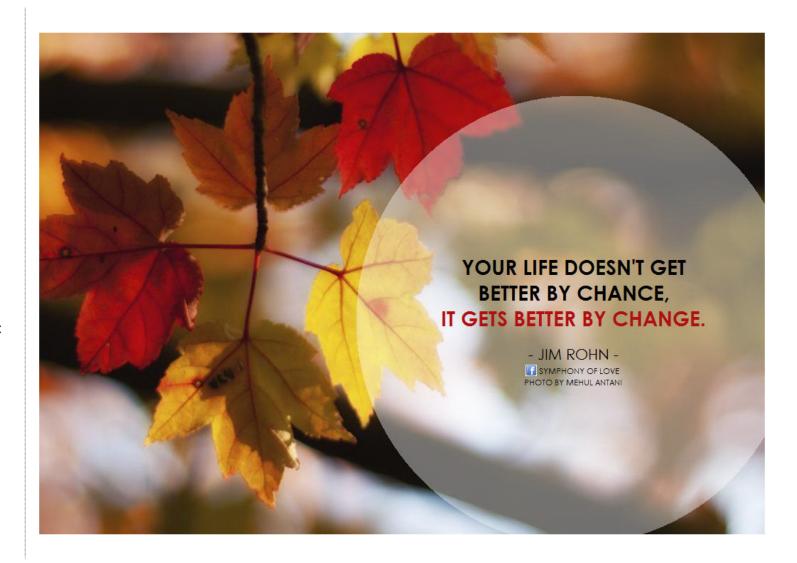
"Your life doesn't get better by chance, it gets better by change."

Jim Rohn

Original photo credit:

<u>Mehul Antani</u>

Anniversary Flowers



"Our job is unconditional love. The job of everyone else in our life is to push our buttons."

Byron Katie

Original photo credit:

<u>Davi Ozolin</u>

Who Would You Be Without Your Story?



"The more we give away, the more is given to us."

<u>Dr. Wayne Dyer</u>

Original photo credit: Eileen McFall

Dr. Wayne Dyer's

10 Secrets for Success
and Inner Peace



"Sometimes you don't appreciate what you have because you're too focused on what you want."

Author Unknown

Original photo credit: Michael Kappel

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"Whatever you want to do, do it now. There are only so many tomorrows."

Michael Landon

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Rob Knight

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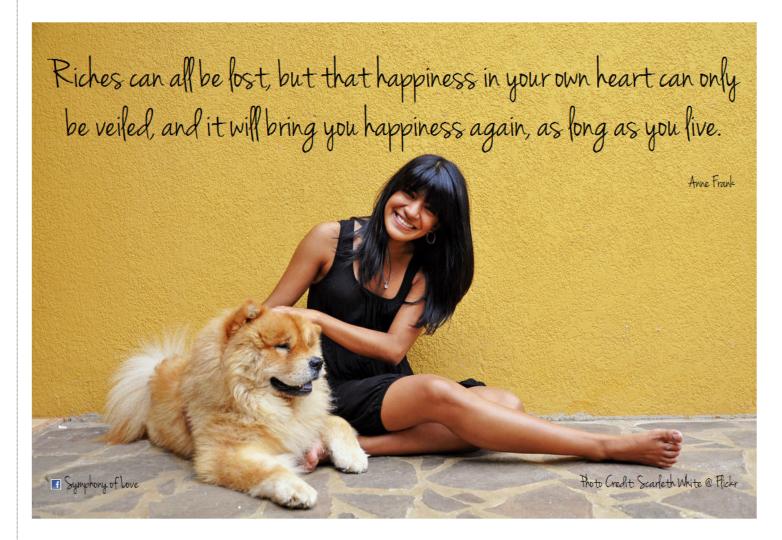


"Riches can all be lost, but that happiness in your own heart can only be veiled, and it will bring you happiness again, as long as you live."

Anne Frank

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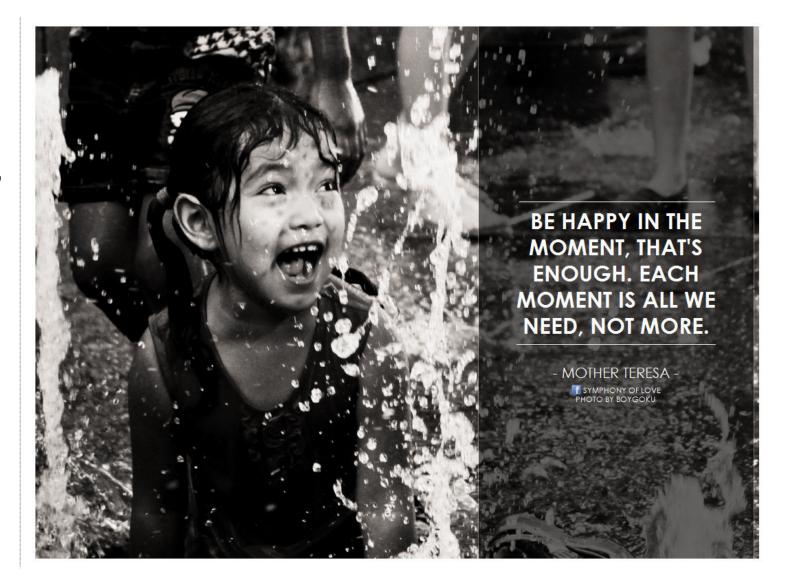


"Be happy in the moment, that's enough. Each moment is all we need, not more."

Mother Teresa

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"Why fit in when you were born to stand out?"

Dr. Seuss

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"Realize that now, in this moment of time, you are creating. You are creating your next moment based on what you are feeling and thinking. That is what's real."

Doc Childre

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<u>Aftab Uzzaman</u>

<u>Stop Snoring Today!</u>

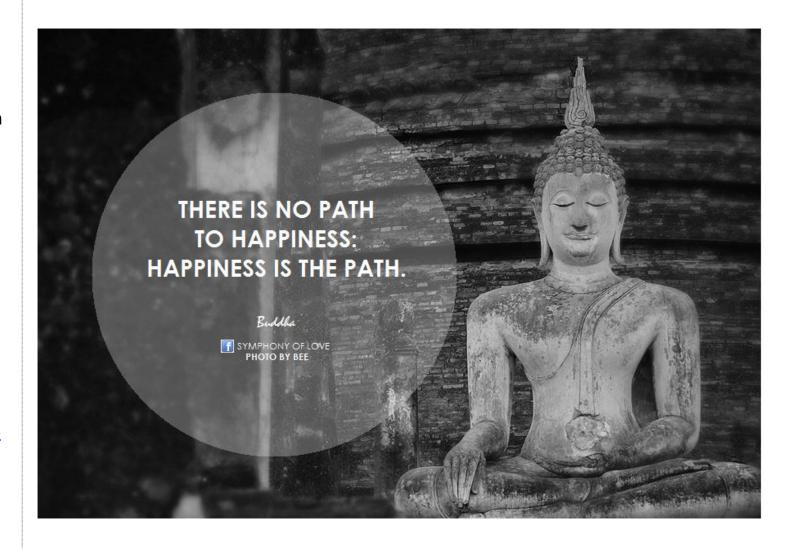


"There is no path to happiness: happiness is the path."

Buddha

Original photo credit: <u>Bee</u>

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"Don't worry about failures, worry about the chances you miss when you don't even try."

Jack Canfield

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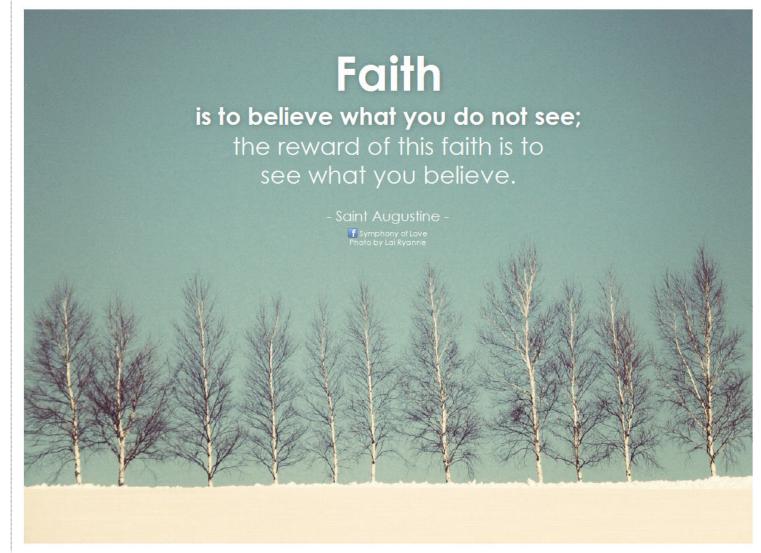
"Faith is to believe what you do not see; the reward of this faith is to see what you believe."

Saint Augustine

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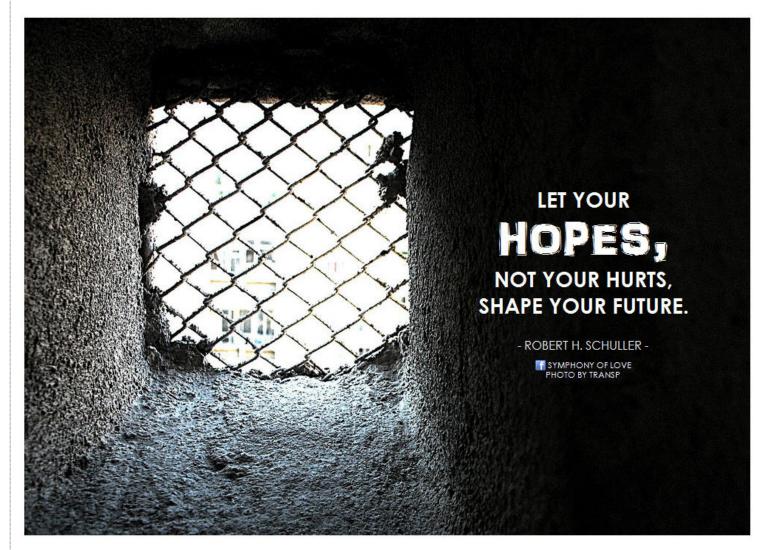
"Let your hopes, not your hurts, shape your future."

Robert H. Schuller

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"Be present in all things and thankful for all things."

Maya Angelou

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<u>Lazydoll</u>

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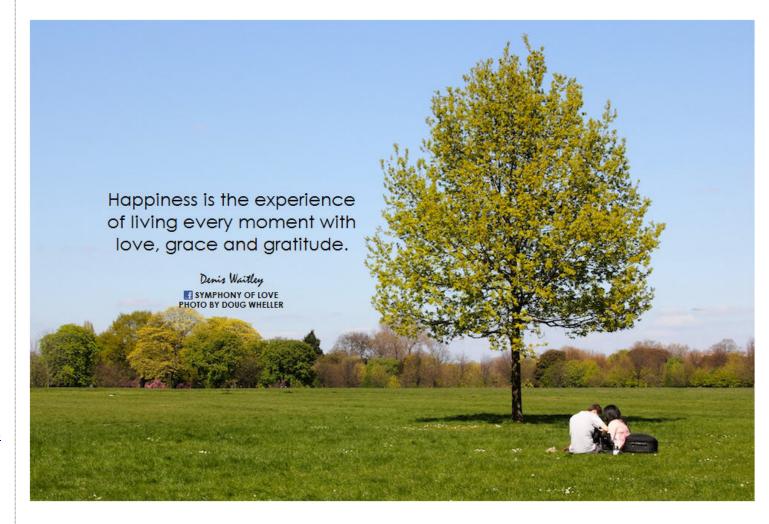
"Happiness is the experience of living every moment with love, grace and gratitude."

Denis Waitley

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<u>Doug Wheller</u>

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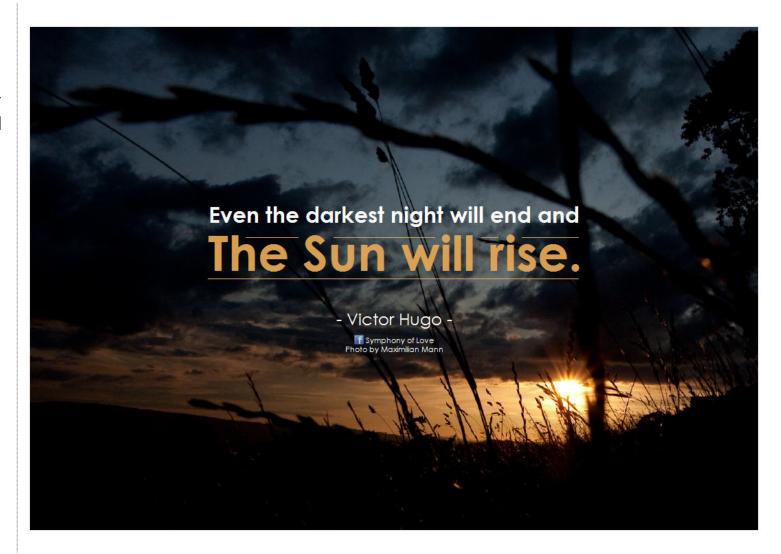


"Even the darkest night will end and the sun will rise."

Victor Hugo

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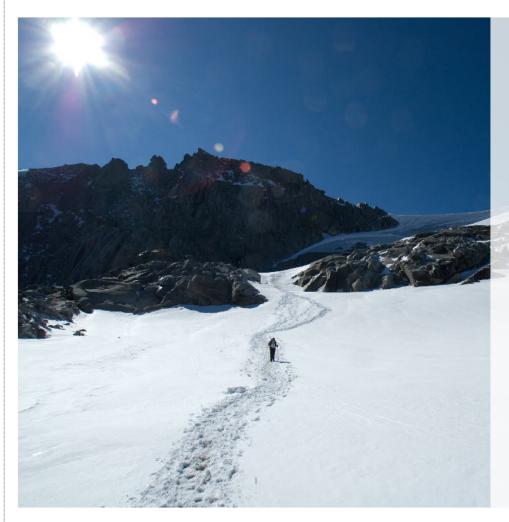
"Never give up on a dream just because of the time it will take to accomplish it. The time will pass anyway; we might just as well put that passing time to the best possible use."

Earl Nightingale

Original photo credit:

<u>Jokob van Santen</u>

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NEVER GIVE UP ON A
DREAM JUST BECAUSE
OF THE TIME IT WILL TAKE
TO ACCOMPLISH IT.
THE TIME WILL PASS
ANYWAY; WE MIGHT
JUST AS WELL PUT THAT
PASSING TIME TO THE
BEST POSSIBLE USE.

Earl Nightingale

SYMPHONY OF LOVE
PHOTO BY JAKOB VAN SANTEN

"We are product of our past but we don't have to be prisoners of it."

Rick Warren

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A Life with Purpose:
The Story of Bestselling
Author and America's
Most Inspiring Minister,
Rick Warren

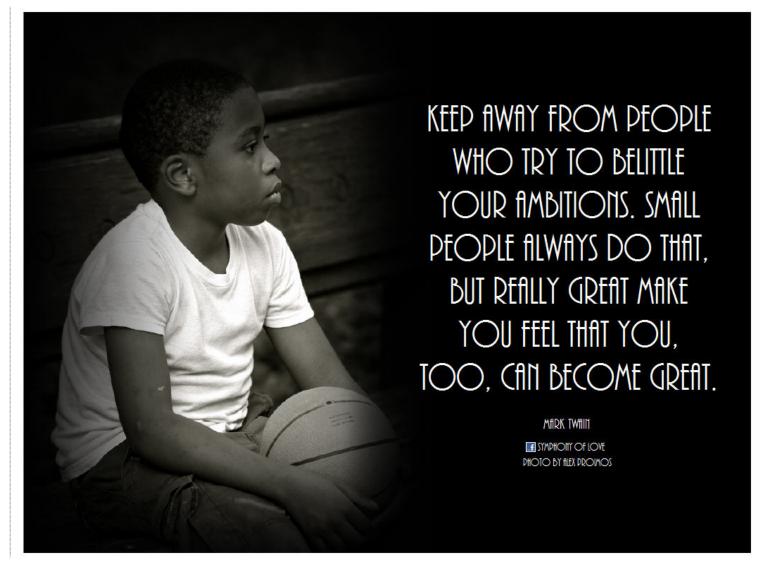


"Keep away
from people who
try to belittle your
ambitions. Small
people always
do that, but
really great
make you feel
that you, too, can
become great."

Mark Twain

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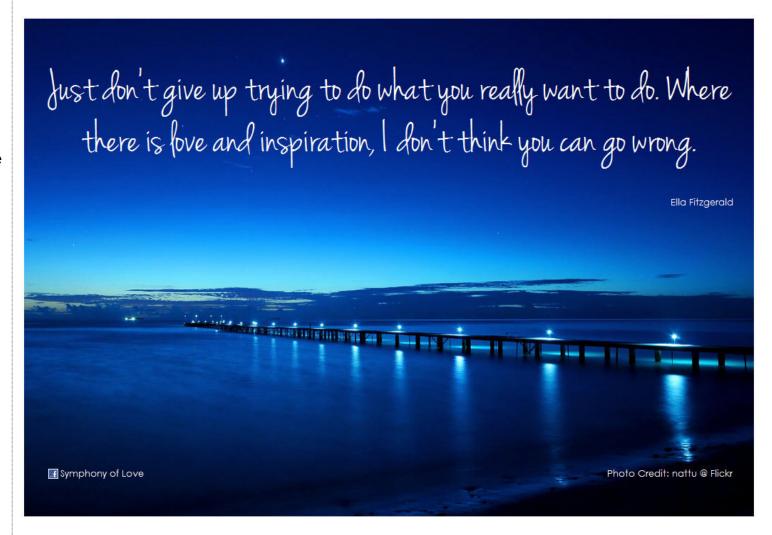


"Just don't give up trying to do what you really want to do. Where there is love and inspiration, I don't think you can go wrong."

Ella Fitzgerald

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"We all have bad days, but one thing is true; no cloud is so dark that the sun can't shine through."

Miranda Kerr

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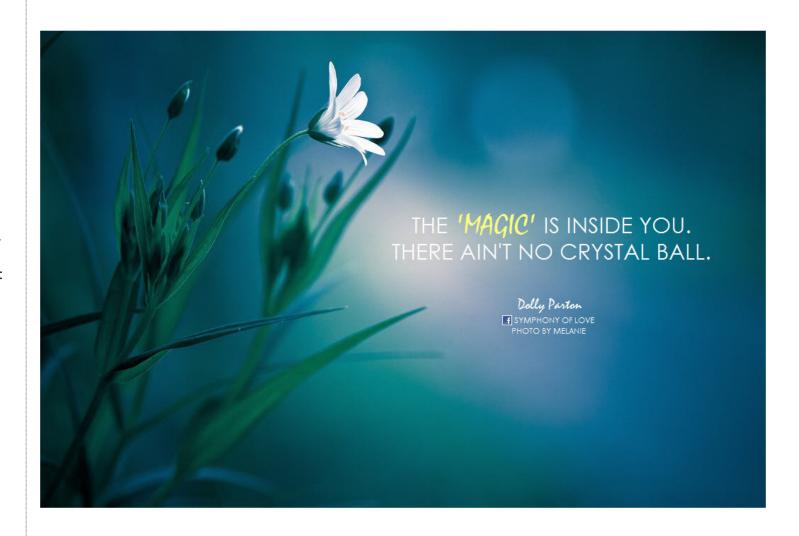
"The magic is inside you. there ain't no crystal ball."

Dolly Parton

Original photo credit:

<u>Melanie</u>

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"Just when you think you haven't got anything left, take a deep breath and take one more step. It could be the one thing that changes everything."

Rachael Bermingham

Original photo credit: Matt Richardson

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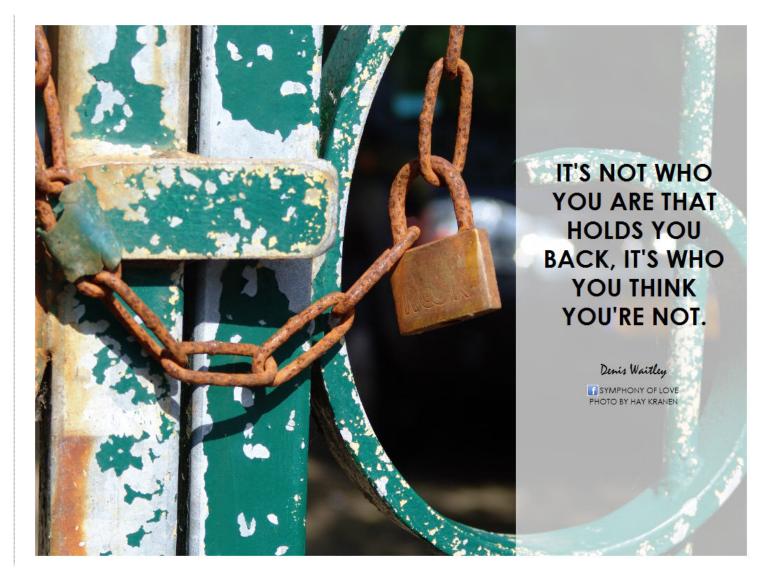


"It's not who you are that holds you back, it's who you think you're not."

Denis Waitley

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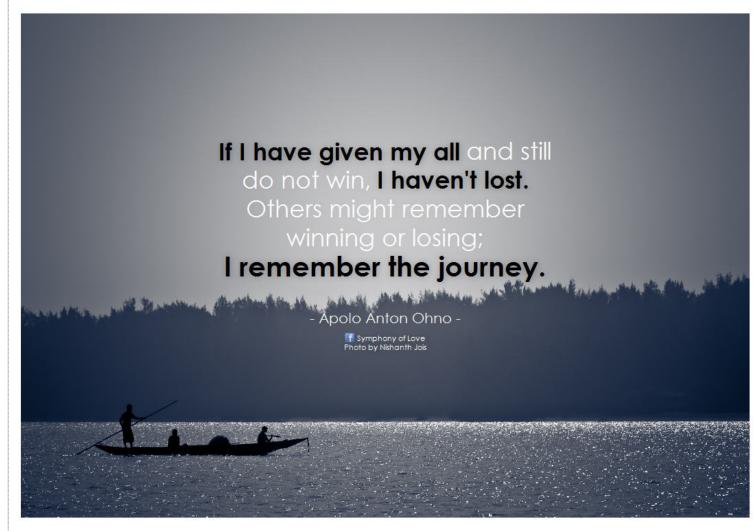


"If I have given my all and still do not win, I haven't lost. Others might remember winning or losing, I remember the journey."

Apolo Anton Ohno

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Nishanth Jois

DentalPlans.com



"Stop pacing, stop fretting, stop worrying, stop sweating. Some of the best things happen when you just let go."

Mandy Hale

Original photo credit:

Randy Heinitz

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"Kindness is the language which the deaf can hear and the blind can see."

Mark Twain

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<u>Hotels.com</u>



"They who do not fear darkness have learned to light their own candle."

Dodinsky

Original photo credit:
Nina Stössinger

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"If you don't believe in miracles, perhaps you've forgotten you are one."

Karen Salmansohn

Original photo credit: {Charlotte.Morrall}

<u>I Don't Need to Have</u>
<u>Children, I Date Them:</u>
23 Child Psychology
Techniques to Use on
Boys of All Ages



"Tough times never last tough. Tough people do."

Robert H. Schuller

Original photo credit:

<u>Marc Samsom</u>

If It's Going to Be, It's Up to Me: The Eight Proven Principles of Possibility Thinking



"There is no such thing as a hopeless situation. Every single circumstances of your life can change!"

Rhonda Byrne

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<u>Dan Foy</u>

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"For every challenges life serves us, we can choose to be a 'victim' or we can choose to be a 'Victor.'"

Symphony of Love

Original photo credit:
Nick Fletcher

The Knot Wedding Shop

FOR EVERY
CHALLENGES
LIFE SERVES US, WE
CAN CHOOSE TO BE
A 'VICTIM' OR WE
CAN CHOOSE TO
BE A 'VICTOR.'

- SYMPHONY OF LOVE - PHOTO BY NICK FLETCHER



"Only when we give joyfully, without hesitation or thought of gain, can we truly know what love means."

Leo Buscaglia

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"Be kind to yourself today with good thoughts."

Rachael Bermingham

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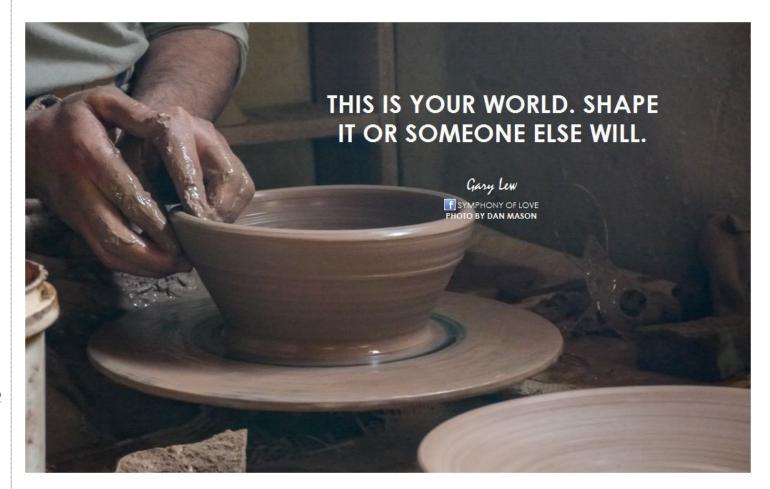
"This is your world. Shape it or someone else will."

Gary Lew

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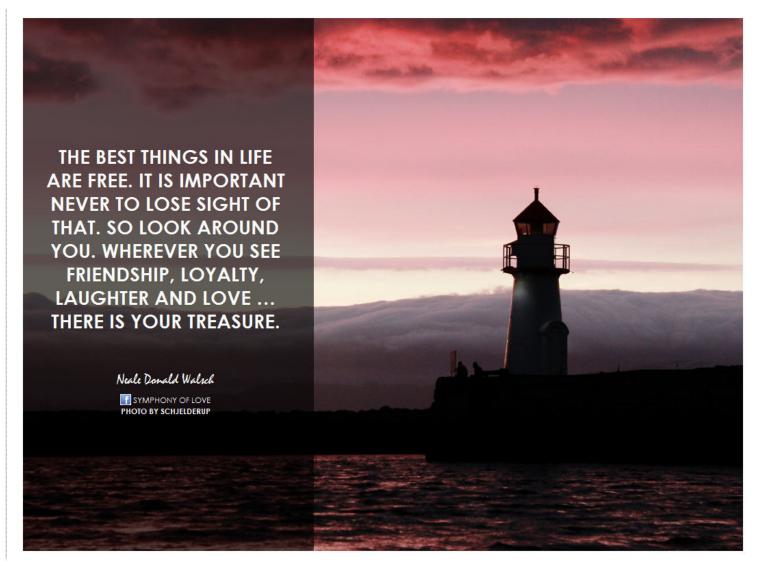


"The best things in life are free. It is important never to lose sight of that. So look around you. Wherever you see friendship, loyalty, laughter and love ... there is your treasure."

Neale Donald Walsch

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"To appreciate the beauty of a snowflake, it is necessary to stand out in the cold."

Author Unknown

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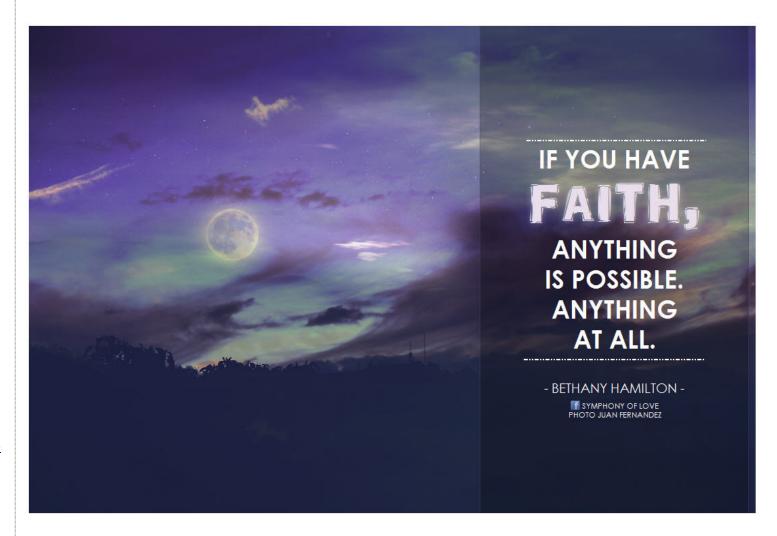
"If you have faith, anything is possible. Anything at all."

Bethany Hamilton

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<u>Juan Fernández</u>

The Knot Wedding Shop

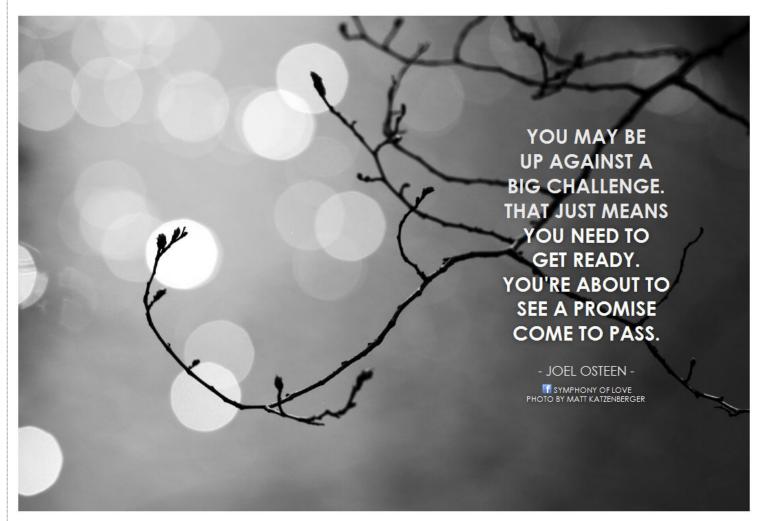


"You may be up against a big challenge. That just means you need to get ready. You're about to see a promise come to pass."

Joel Osteen

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"Life is beyond meaning and that's why it is so beautiful."

Sadhguru Jaggi Vasudev

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"Sometimes when things seem to be going wrong, they are going right for reasons you are yet to understand."

Alan H. Cohen

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Day of the Year



"In the end, just three things matter:

How well we have lived

How well we have loved

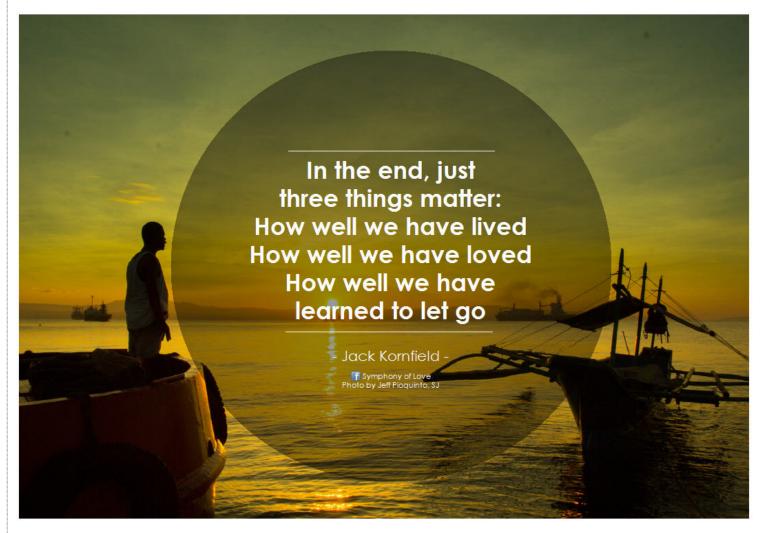
How well we have learned to let go."

Jack Kornfield

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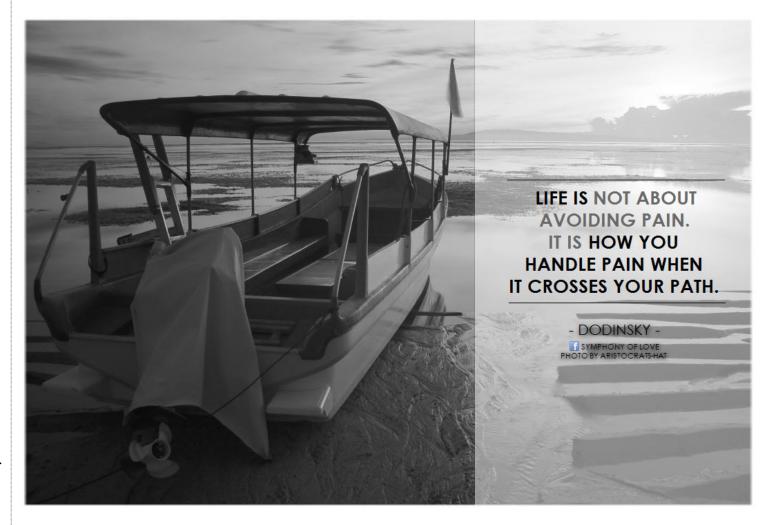


"Life is not about avoiding pain. It is how you handle pain when it crosses your path."

Dodinsky

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"Forgiveness gives you wings to fly."

Symphony of Love

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"There are three poisons in life: greed, anger, and ignorance. Giving cures greed.
Compassion cures anger. Wisdom cures ignorance."

Master Cheng Yen

Original photo credit:
Andrew Gibson

Stop Snoring Today!

There are three poisons in life: greed, anger and ignorance.
Giving cures greed.
Compassion cures anger.
Wisdom cures ignorance.



SYMPHONY OF LOVE PHOTO BY ANDREW GIBSON

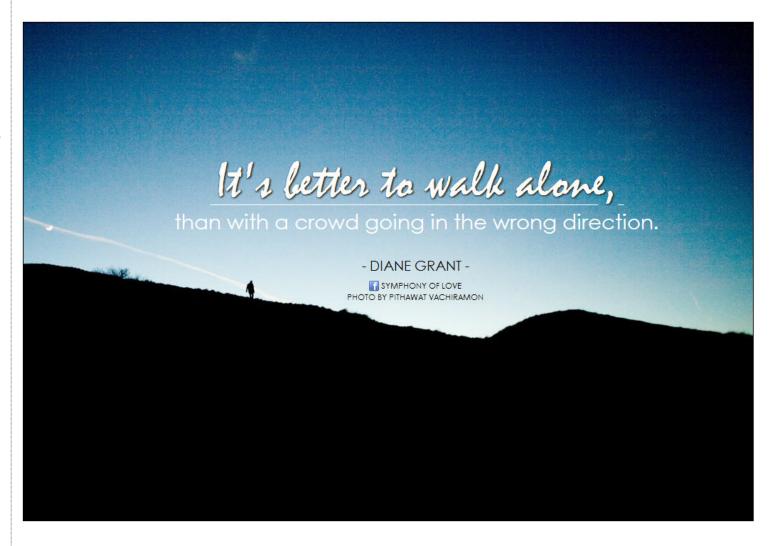


"It's better to walk alone, than with a crowd going in the wrong direction."

Diane Grant

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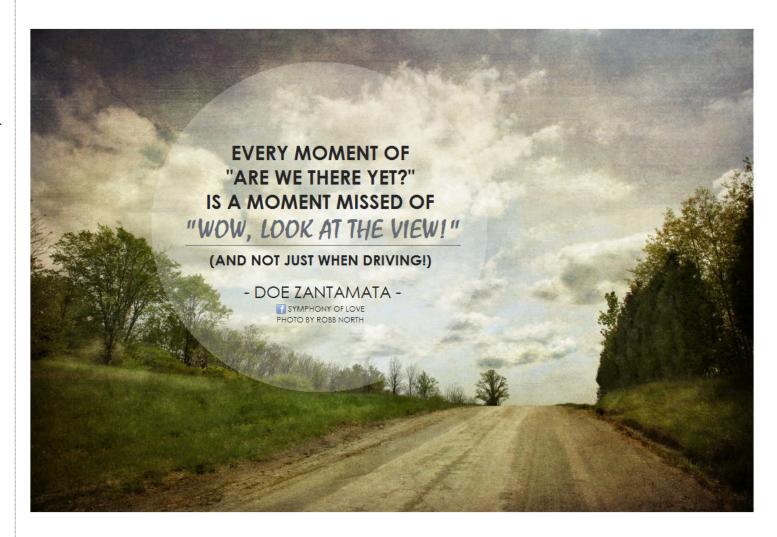
"Every moment of "Are we there yet?" is a moment missed of "Wow, look at the view!" (and not just when driving!)"

<u>Doe Zantamata</u>

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Robb North

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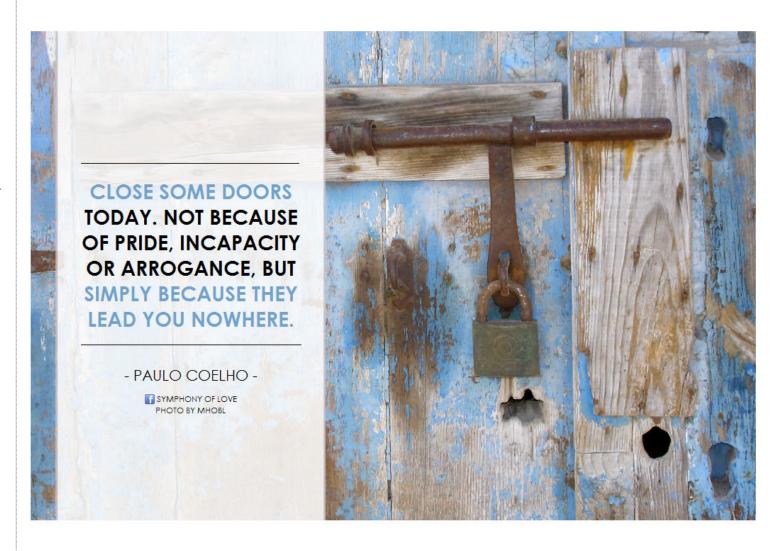


"Close some doors today.
Not because of pride, incapacity or arrogance, but simply because they lead you nowhere."

Paulo Coelho

Original photo credit: mhobl

<u>Aleph</u>



"Laughter is the language of the soul."

Pablo Neruda

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<u>Bart Vermeerscg</u>

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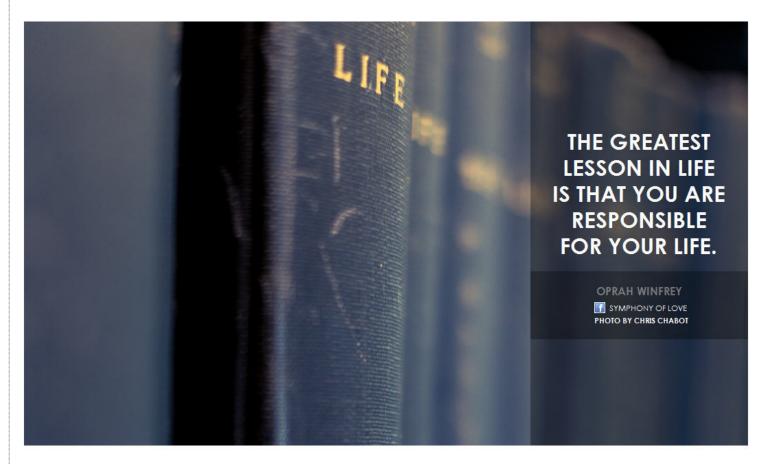


"The greatest lesson in life is that you are responsible for your life."

Oprah Winfrey

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"Life always waits for some crisis to occur before revealing itself at its most brilliant."

Paulo Coelho

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"Next time you're about to judge someone, attempt to understand them instead."

Marianne Williamson

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Nina Matthews
Photography

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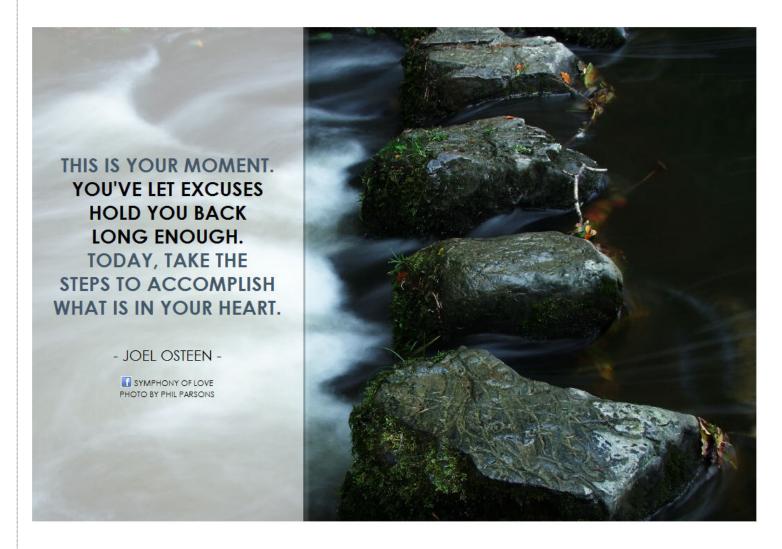


"This is your moment. You've let excuses hold you back long enough. Today, take the steps to accomplish what is in your heart."

Joel Osteen

Original photo credit:
Phil Parsons

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"I am worthy of the very best in life, and I now lovingly allow myself to accept it."

Louise L. Hay

Original photo credit:

<u>Harold Lloyd</u>

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<u>Teaching Kids the</u>
<u>Power of Affirmations</u>



"All our dreams can come true, if we have the courage to pursue them."

Walt Disney

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2014, HERE WE COME! ©

I hope that you have enjoyed this little treat that I had prepared for you. Hope that these 100 quotes will continue to inspire you to greatness in your life. As we move into 2014, I wish for goodness in all areas of your life and that you have nothing to fear! May you be blessed with great health and happiness!

Infinite Gratitude, Blessings and Love,

BK